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| ANNUAL EXAM SYSTEM REVIEW | Name: _____ | DOB: _____ | Date: _____ |
|--------------------------------------|--------------------|-------------------|--------------------|

NOTE TO THE PATIENT: Please review each question/item below and check any items that apply to you. Please circle yes (Y) *identifying which items are NEW or DIFFERENT*. If you have any **special or specific concerns**, please list them **here**:

| System and Problem | Circle if YES | How Long? | System and Problem | Circle if YES | How Long? |
|---|---------------|-----------|---|---------------|-----------|
| 1-General: | | | 8-Female genital: | | |
| Fevers or chills | Y | | Last menstrual period: | Y | |
| Night sweats | Y | | Recent irregular or change in periods | Y | |
| Weight loss [Unexpected] | Y | | Vaginal irritation, burning or discharge | Y | |
| Weight gain [Unexpected] | Y | | Unexpected menstrual bleeding | Y | |
| Excessive fatigue | Y | | Painful periods | Y | |
| Excessive daytime sleepiness | Y | | 9-Musculoskeletal: | | |
| Loss of or poor appetite | Y | | Joint aches or pains | Y | |
| Poor Sleep (falling or staying) | Y | | Joint swelling or stiffness | Y | |
| 2-ENT | | | Decreased joint range of motion | Y | |
| Dramatic changes in vision | Y | | Bone pain | Y | |
| Tinnitus/ringing in ears | Y | | 10-Skin and Breasts: | | |
| Hearing loss | Y | | Nipple discharge | Y | |
| Nose bleeds | Y | | Non-healing sores | Y | |
| Sinus pressure/pain or Ear pain | Y | | Concerning moles, lumps, or growths | Y | |
| Sore throat | Y | | Breast Lump[s] | Y | |
| Hoarseness more than 2 weeks | Y | | Concerning rash | Y | |
| 3-Cardiovascular: | | | Breast pain or tenderness | Y | |
| Chest pain or pressure w/ exertion | Y | | 11-Lymphatic/Hematologic | | |
| Unusual shortness of breath | Y | | Swollen glands @ neck, armpit, groin | Y | |
| Palpitations | Y | | Bruising concerns | Y | |
| Swelling of extremities[edema] | Y | | 12-Neurologic: | | |
| Calf pain when walking | Y | | New or more severe Headaches | Y | |
| 4-Respiratory: | | | Fainting or lightheadedness | Y | |
| Persistent coughing or wheezing | Y | | Memory problems | Y | |
| Blood tinged sputum | Y | | Numbness or tingling (in hands or feet, etc) | Y | |
| Pain with deep breathing | Y | | New balance problems | Y | |
| 5-Gastrointestinal: | | | Muscle weakness | Y | |
| Frequent heartburn | Y | | | Y | |
| Pain or difficulty swallowing [dysphagia] | Y | | 13-Psychiatric: | | |
| Change in bowel habits | Y | | Feeling sad, blue, irritable, angry | Y | |
| Nausea or vomiting | Y | | Loss of sex drive | Y | |
| Increased constipation | Y | | Suicidal thoughts | Y | |
| Frequent diarrhea or mucous | Y | | Feeling anxious | Y | |
| Blood in stool or on toilet paper | Y | | Preoccupations or compulsions | Y | |
| Black, tarry stools | Y | | Loss of ambition or motivation | Y | |
| Indigestion or bloating problems | Y | | Decrease or loss of interest in hobbies | Y | |
| Abdominal pain | Y | | 14-Allergy and Immunologic: | | |
| 6-Urinary Tract: | | | Hay fever | Y | |
| Burning or urgency of urination | Y | | Itchy, watery eyes or nose | Y | |
| Increased urinary frequency | Y | | Itchy or sensitive skin | Y | |
| Difficulty controlling urination | Y | | Persistent clear nasal/ postnasal drainage | Y | |
| Blood in urine (or change in color) | Y | | Excessive or frequent infections | Y | |
| 7-Male genital: | | | 15-Endocrine: | | |
| Testicle or scrotal lumps/discomfort | Y | | Markedly increased thirst | Y | |
| Erectile dysfunction | Y | | Markedly increased urination | Y | |
| Changes in urinary | Y | | Intolerance of Heat or cold | Y | |

TSH ___ Chem 12 ___ CBC ___ Lipid ___
 PSA ___ Micro AL ___ UA ___ U/A&CS ___
 Testo ___ ESR ___ A1C ___ Vit D ___
 Vit B 12 ___ Glucose ___ Uric Acid ___ Other ___

Patient signature: _____

Dated: _____

Preferred Pharmacy: _____